



## DEMENTIA CARE RESPITE GRANT PROGRAM

July 1, 2018—June 30, 2019

### Eligibility and application instructions

#### Purpose:

The purpose of the grant is **to support the health and well-being of unpaid family caregivers by providing funds (up to the award limit) to enable you to take a break from your caregiving responsibilities.** The awards and services are intended to help caregivers manage the responsibilities and stress of caregiving. Each applicant's situation will be reviewed to determine the grant amount awarded.

#### Eligibility:

##### **Care recipient (person with dementia receiving care) must:**

- Have a **physician's diagnosis** of Alzheimer's disease or other irreversible dementia
- Have an **annual income of no more** than \$36,420 (individual) or \$49,380 (couple)  
(Income includes Social Security, pension, annuity, wages, rental income and interest income)
- **Live in the CVCOA service area:** Lamoille, Washington and Orange (except Thetford) counties or the towns of Royalton, Sharon, Bethel, Rochester, Pittsfield, Hancock, Granville or Stockbridge
- **Not be participating** in Choices for Care—High or Highest Needs, Veteran Directed Program, Attendant Services, or National Family Caregiver respite programs
- **Live at home** (not in residential care)
- Be a **permanent resident of Vermont**

#### Funding uses:

Funds are to be used for caregiver **respite only**. They are not to be used to compensate the family caregiver for services provided, to pay household bills, nor can they be used to purchase most items.

Uses may include (but are not limited to): adult day services; respite care or companionship; personal care services; homemaker services; brief institutional respite; and other eligible activities that provide rest and relaxation for the caregiver. Use of grants to pay for assistive technology, emergency alert systems, and household modifications for care receiver accessibility and safety will need authorization in advance from the grant coordinator.

Grant recipients (caregiver) **must submit invoices for reimbursement. Direct billing from adult day services or a home care provider agency can be arranged.**

#### Application process:

- Send completed applications to CVCOA at the address below.
- A CVCOA Options Counselor or Case Manager will complete a more comprehensive assessment.
- Funds will be allocated as available.

**Please send completed applications to:** CVCOA Family Caregiver Support  
59 N. Main Street, Suite 200  
Barre, VT 05641