



CVCOA Good Neighbor Volunteer Position Description

Objective:

- To enable elders to remain in their homes and communities.
- Support elders in leading healthy, meaningful and dignified lives.

Qualifications/skills:

- Ability to converse with people of all backgrounds and philosophies.
- Ability to understand and practice confidentiality under all circumstances.
- Dependability and accountability.
- Ability to accept directions from elders.
- Ability to set clear, reasonable boundaries.
- Pass all background checks.
- Reliable transportation to your assignment. (Adequate insurance and a clear driving record if providing transportation.)

Responsibilities:*

- Meet with an elder on a regularly scheduled basis.
- Chat, provide companionship or otherwise interact with the elder.
- Run errands or accompany elder on errands.
- Perform light housekeeping tasks, organizing, or yard work.

** Volunteer may do some or all of the above tasks.*

Time Commitment:



Supporting Central Vermonters to Age with Dignity and Choice
CVCOA Helpline: 1-802-477-1364

- Flexible schedule; elder and volunteer agree on mutually convenient frequency and day/time to meet. No minimum time commitment.

Supervisor:

- Volunteer Coordinator or AmeriCorps Outreach Member.

Benefits:

- Enjoy a relationship that is rewarding to both you and your new friend.
- See the difference you make in someone's life.
- Contribute to the greater good of your community.
- Obtain experience with elders.
- Receive ongoing support and recognition from CVCOA.

No previous formal experience necessary—training provided

We strongly encourage volunteers who are people of color, indigenous, immigrants and refugees, LGBTQ+ and People with disabilities to apply.

If you are not already an approved Central Vermont Council on Aging volunteer and want to volunteer, apply online at www.cvcoa.org/volunteer-application, or call 802-241-4840 for more information about this position.