



## Memorable Times Café Volunteer Position Description

### **Objectives:**

- Reduce social isolation of persons with dementia and their care partners
- Contribute to building dementia-friendly community
- Support elders in leading healthy, meaningful and dignified lives

### **Qualifications/skills:**

- Ability and desire to converse with people of all backgrounds and philosophies
- Interest and comfort level in socializing in group atmosphere including persons with dementia
- Ability to understand and practice confidentiality regarding program participants
- Dependability
- Ability to accept direction and perform tasks independently

### **Responsibilities:**

- Attend monthly Memorable Times Café for hours arranged with Café coordinator
- Help set up Café for the session; help clean and pack up at the end of the session
- Greet participants, assist with sign-in and refreshments
- Chat with participants and join in Café activities
- Attend planning meetings as appropriate
- Partake of information and training offered regarding Alzheimer's Disease and other conditions where memory loss is a significant factor, as suitable



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- Explore opportunity to plan and lead an activity or activities at the Café, if desired
- Fulfill requirements of school or other entity that the volunteer is accountable to, as applies

**Time Commitment:**

- Memorable Times Café meets from 1:30 to 3 p.m. on the third Wednesday of the month at the Vermont History Center, 60 Washington St., Barre. It is preferred that volunteers come each month if possible. Volunteers are generally asked to be present from 1 to 3:30 p.m., or as arranged otherwise. Volunteers are expected to contact the Café Coordinator in advance if they will not be able to attend as planned.

**Supervisor:**

- CVCOA's Family Caregiver Support Director is the coordinator of the Café and primary supervisor of volunteers.

**Benefits:**

- Enjoy relationships and activities that are rewarding to both you and program participants
- Obtain experience with diverse members of your community
- See the difference you make in the lives of caregivers and care receivers
- Learn about memory loss conditions
- Learn about community resources
- Contribute to the greater good of your community
- Receive ongoing support and recognition from CVCOA



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**No previous formal experience necessary—training provided**

**We strongly encourage volunteers who are people of color, indigenous, immigrants and refugees, LGBTQ+ and People with disabilities to apply.**

**If you are not already an approved Central Vermont Council on Aging volunteer and want to volunteer, apply online at [www.cvcoa.org/volunteer-application](http://www.cvcoa.org/volunteer-application), or call 802-241-4840 for more information about this position.**