



**Central Vermont Council on Aging  
COVID-19 Update  
November 16, 2020**

On Friday November 13, 2020 Governor Phil Scott issued a change to the COVID-19 Executive Order in response to the rising numbers of infections in Vermont. The order includes new restrictions on some businesses, social gatherings and contact tracing among other things. **New Order**

First and foremost, your health and safety are our primary concerns here at Central Vermont Council on Aging. CVCOA continues to provide the same level of service to older Central Vermonsters consistent with all state orders and our own protocols put in place to protect our clients and staff. This means that while our offices continue to be closed, we are serving our clients remotely by phone and online. Our educational programs for family caregivers, Medicare, and open enrollment in Part D prescription plans will continue with our online Zoom classes. Central Vermont Meals on Wheels programs will continue to deliver meals under contactless procedures. CVCOA will continue to connect you to online wellness classes such as tai chi and bone builders. And our many volunteers continue to support older persons with safe services such as contactless grocery shopping.

These ongoing limitations can be difficult and isolating for older Vermonsters, especially as the holiday season approaches. Central Vermont Council on Aging wants to thank older Vermonsters for their sacrifice, strength and patience during these times.

Please visit the following online resources for more information on current COVID-19 information or go to the Central Vermont Council on Aging website. If you or a loved one need assistance, please call our HELPLINE at 1(800)642-5119 or email us at **info@cvcoa.org**.

**VT Dept. of Health COVID-19 Information**  
**www.cvcoa.org**